



St Bernadette's Primary School

Newsletter

September 2017

Car Park

More and more parents are stopping in the bus stop and the disabled bays to drop children off in the morning; which is unacceptable. We have a large visitor's car park and we would ask that you ensure you use this and help to keep the children safe.

Please be considerate when parking.

Lost Property

The lost property is kept in the Janitors office and can be accessed from 9.00– 9.30 am or 2.30pm – 3pm.

Important Information

An increasing number of pupils are arriving at school without schoolbags, P.E. Kit, packed lunches and other items required for their day ahead; continually handing items to reception throughout the day impacts on the clerical's core duties. The school staff are busy and unfortunately do not have the spare time to devote to delivering forgotten items to classes and disturbing the lessons.

There is a large container outside the school office. If your child has forgotten something they require for school, I would ask that you please label it and place it in the box; we will endeavour to pass the item to your child at some point during the day, however this cannot be guaranteed.

Items are left at owner's risk, the school cannot be held responsible for any items which are lost from this box.

Entering the School

Anyone wishing to speak to their child's teacher must make an appointment via the school office. The teachers are extremely busy with pupils in the morning and the sooner the children are settled into class, the more time they have to learn. Please do not take up the teacher's time by trying to discuss your child at the class room door in the morning. **Absences should be reported to the school office. Do not attempt to follow your child into the building via the classroom door. For the safety of the children, visitors must be identified.**

If there have been any changes to your home or emergency contact details or to your child's medical needs then please contact the office.

Contacting the school

A large volume of calls are received daily from parents, asking for messages to be passed to their child's class teacher or to the pupils themselves, particularly at 2.45pm. The office is extremely busy at the end of the day and if you call to advise your child that their transport arrangements have changed, your call may be missed! Please ensure that, where possible, your child knows how they will travel home. Letters regarding homework issues, medical appointments and holidays during the term should be sent to the class teacher.

Parent Council

The next Parent Council meeting will be held on Monday 30th October at 6.30pm at St. Bernadette's Primary. The Parent Council Office Bearers for this year are:

Chair: Mr Craig Beer
Vice Chair: Mrs Sarah Gallagher
Secretary: Mrs Debbie O'Donnell
Treasurer: Mr Peter Butterly

All parents/carers are welcome to attend meetings.

Fundraising Committee

Our Fundraising Committee contacts are Mrs Jacqueline Butterly and Miss Edwina Kilpatrick. We appreciate all they do for the school.

Childhood Infectious diseases especially: Measles, Chicken Pox and Shingles

Please may we ask for your co-operation in this important matter. One of our pupils is receiving medical treatment for Lymphoma that puts them at risk from measles, chicken pox and shingles. If they come in to contact with anyone suffering from these conditions the pupil requires to be given some protection against them. Unfortunately this has to be given within 72 hours of the contact.

We would ask therefore that if your child develops measles, chicken pox or shingles that you inform us **immediately** so that appropriate action may be taken.

Your child is not at any risk from this situation, however, the health of our pupil does depend on your co-operation in this important matter.

Headlice

We would encourage you to check your child at regular intervals to prevent the spread of headlice throughout the school. If your child becomes infected, we would appreciate it if you could inform us as soon as possible.

All information provided will be strictly confidential.

Falkirk Herald

Our Primary 1 class will feature in the Falkirk Herald Souvenir issue on Thursday 5th October 2017.



Thank you for your support of the whole school positive behaviour tool, 'Class Dojo'. If you have not already downloaded the app to view your child's weekly progress, please contact individual teachers to receive a password and instructions to do so. Positive 'green' dojos will always outweigh the negative 'red' dojos. If your child has received a red dojo this will be after several verbal warnings and we would appreciate your support to discuss this inappropriate behaviour with your child. Class Dojo does have the facility to message brief comments to the class teacher but it should **not** replace communication which should be sent to the school office, such as, school absence, appointments, any issues in class. Please remember teachers cannot reply to messages instantly and please respect message content, sometimes messages received by teachers would benefit a face-to-face meeting.

Playground Equipment

Are you clearing out your garden shed? Do you have any playground equipment we could use? If you are looking to get rid of bikes, toys, natural play items, we would gratefully receive these! We would accept anything which is in reasonable condition.

Water Bottles

All our pupils are encouraged to drink water during the school day. Research has indicated that drinking plain water improves concentration and therefore leads to effective learning. It would be helpful if all our pupils have a labelled water bottle with them in school daily.

Thank you to our Parent Council

Thank you to our Parent Council for organising the Welcome Back BBQ on Friday 15th September 2017, they raised approx. £900 for School Funds.

Thanks also for the donation they gave to school to help pay for our Bug Club, Website, and other subscription costs. We really do appreciate everything they do!



Allergies

For the health and safety of all pupils please ensure that your child is not provided with nut products at school. Some children are bringing products such as Snickers, Lion Bars and Peanut Butter sandwiches to school.

We have pupils and staff who are severely allergic to peanuts. Peanuts do not have to be eaten by an allergic person to cause an allergic reaction; they can be ingested or contaminate tables, hands etc.

Any peanut products will be returned home in packed lunch boxes unopened.

Further information can be found at <http://www.anaphylaxis.org.uk/what-is-anaphylaxis/signs-and-symptoms>.

Many thanks for your cooperation in this matter.



What to do if you catch norovirus

Keep it to yourself.

Staying at home and keeping your hands clean can help avoid spreading norovirus to others. You can still be infectious up to 48 hours after your symptoms go, so it's best to avoid seeing other people during that time. It's especially important to avoid visiting anyone in a hospital or care home, as norovirus is more serious for people who are already ill.

Drink plenty of liquid.

Water is best. This will replace the water your body loses from vomiting and diarrhoea. Avoid alcohol.

Eat food that's easy to digest.

That means things like soup, rice, pasta and bread. Babies should continue with their normal feeds.

What is norovirus?

You've probably heard of the 'winter vomiting bug' - that's what people call norovirus, just because it's more common in winter. You can catch it at any time of year though. It spreads very easily, and it can affect anyone of any age, causing **vomiting and diarrhoea**.

Other symptoms include:

- mild fever
- headaches
- stomach cramps
- aching limbs.

Norovirus is unpleasant, but not usually dangerous. There's no cure for it - you just have to let it run its course and avoid contact with other people until you feel better. That usually takes just a few days.

Achievements

Well done to Shaun in P5 for completing The Pedal for Scotland challenge on 10th September. He cycled 45miles from Glasgow to Edinburgh!



If you would like to share your child's achievements, please email the school and they shall be included in the next newsletter.

Afterschool Clubs

The following clubs are running for the children:

Monday	SFC Football (P4-7)*	3pm – 4pm
Monday	Digital Leaders	3pm – 4pm
Tuesday	Minecraft Club	3pm – 4pm
Tuesday	Basketball (Development Team)	3pm – 4pm
Wednesday	Basketball	3pm – 4pm

*SFC P4-7 starts 23.10.17 (4wk block)

Volunteers

Do you have any talents you would like to share with the school? If so, please contact the school office.



Parishioners Coffee Morning

There is a Coffee Morning held at the school on the last Wednesday of the month run by the local parishioners. Everyone is welcome to come along and enjoy delicious home baking with Tea/Coffee for only £1.



Please remember that there is access to funding to help families with financial difficulties. Please contact Mrs Savage, in strictest confidence, for more information.

Stay Connected! Please follow us on Twitter @stbernadettesps

Check our website for details of school events and information: <http://stbernadettes.edusite.co.uk/>

Keep up-to-date with Parish News on: <http://www.stbernadette.rcstated.org.uk/current>
and <https://www.facebook.com/stbernadettelarbert>

School Calendar 2017/18

Month	Mo	Tu	We	Th	Fr	Sa	Su	Notes
	28	29	30	31	1	2	3	OCTOBER
Sep 2017	4	5	6	7	8	9	10	26th – 2.15pm P3 parents meeting re Reconciliation
	11	12	13	14	15	16	17	19th – P4 Parents meeting re Communion
	18	19	20	21	22	23	24	25th – 1.30pm Mass (led by P6)
	25	26	27	28	29	30	1	29th – 10.30am – P4H Enrolment Mass
Oct	2	3	4	5	6	7	8	NOVEMBER
	9	10	11	12	13	14	15	1st – 1.30pm Mass (All Saints) (led by P5) 5th – 10.30am P4I Enrolment Mass
	16	17	18	19	20	21	22	15th / 16th – 3.30pm to 6.00pm Parent Consultations
	23	24	25	26	27	28	29	22nd – 2.00pm P6 Class assembly
Nov	30	31	1	2	3	4	5	DECEMBER
	6	7	8	9	10	11	12	8th – Nursery Nativity (10.30am / 2pm) 13th – Christmas Lunch
	13	14	15	16	17	18	19	12th – 1.30pm / 13th – 7.00pm P1-7 Christmas Performance
	20	21	22	23	24	25	26	15th – Nursery Parties
Dec	27	28	29	30	1	2	3	18th – AM P4 and P5 Party / PM P6 and P7 Party
	4	5	6	7	8	9	10	19th – AM P1 Party / PM P2 and P3 Party
	11	12	13	14	15	16	17	20th – 1.30pm Mass (led by P4I)
	18	19	20	21	22	23	24	JANUARY
Jan 2018	25	26	27	28	29	30	31	24th – 2.00pm P2 Class Assembly 31st – 1.30pm Mass, Led by P7
	1	2	3	4	5	6	7	FEBRUARY
	8	9	10	11	12	13	14	11th - 10.30am Mass on the 160th Anniversary of the First Apparition in Lourdes
	15	16	17	18	19	20	21	of Our Lady to St Bernadette. Archbishop Cushley as main celebrant. (Church)
	22	23	24	25	26	27	28	14th – Ash Wednesday – 1.30pm distribution of ashes service (led by P4H)
Feb	29	30	31	1	2	3	4	21st – 10.30am P7 Stations + Reconciliation (Church)
	5	6	7	8	9	10	11	21st – 2.00pm P5 Class assembly
	12	13	14	15	16	17	18	28th - 10.30am P6 Stations + Reconciliation (Church)
	19	20	21	22	23	24	25	MARCH
Mar	26	27	28	1	2	3	4	7th and 8th - 10.30am P3 Sacrament of Reconciliation (Church)
	5	6	7	8	9	10	11	14th - 10.30am P5 Stations + Reconciliation (Church)
	12	13	14	15	16	17	18	21st - 10.30am P4I Stations + Reconciliation (Church) 22nd – 10.30am P4H
	19	20	21	22	23	24	25	21st – 2.00pm P1 Class assembly
Apr	26	27	28	29	30	31	1	28th – 1.30pm Mass (led by P7)
	2	3	4	5	6	7	8	29th – 3.00pm – 6.00pm Open Afternoon, led by your child
	9	10	11	12	13	14	15	APRIL
	16	17	18	19	20	21	22	25th – 1.30pm Mass (led by P6)
	23	24	25	26	27	28	29	25th – 3.30pm – Parent Consultation
May	30	1	2	3	4	5	6	MAY
	7	8	9	10	11	12	13	2nd – 2.00pm P4H Class assembly
	14	15	16	17	18	19	20	10th – 1.30pm Mass (Feast of the Ascension) (led by P5)
	21	22	23	24	25	26	27	23rd - 2.00pm P7 Class assembly
Jun	28	29	30	31	1	2	3	30th – 1.30pm Mass (led by P4)
	4	5	6	7	8	9	10	JUNE
	11	12	13	14	15	16	17	5th – Sports Day option 1 / 12th – option 2
	18	19	20	21	22	23	24	9th and 16th – First Communion (10.30am and 2pm) (4 groups)
Jul	25	26	27	28	29	30	1	15th – Nursery Sports day (10.30am / 2pm)
	2	3	4	5	6	7	8	20th – 2.00pm P3 class assembly
	9	10	11	12	13	14	15	22nd – Nursery Graduation (10.30am / 2pm)
	16	17	18	19	20	21	22	28th – 9.30am P7 Leaver’s Assembly / 1.30pm Mass (led by P7)
	23	24	25	26	27	28	29	Parishioners Coffee Morning (community rm) – last Wednesday of the month
Aug	30	31	1	2	3	4	5	Reporting to Parents event
	6	7	8	9	10	11	12	Class Led Assembly or School celebration/event
	13	14	15	16	17	18	19	Religious observance
	20	21	22	23	24	25	26	School closure due to holiday or staff development.
Aug	27	28	29	30	31	1	2	

