



St Bernadette's Primary School

Newsletter

September 2018

Car Park

More and more parents are stopping in the bus stop and the disabled bays to drop children off in the morning; which is unacceptable. We would also ask that everyone follows the one way system. We are fortunate to have a large visitor's car park and we would ask that you ensure you use this and help to keep the children safe. **Please be considerate when parking.**

Lost Property

The lost property is kept in the Janitors office and can be accessed from 9.00– 9.30 am or 2.30pm – 3pm. Please ensure your child's name is on all items.

Important Information

An increasing number of pupils are arriving at school without schoolbags, P.E. Kit, packed lunches and other items required for their day ahead; continually handing items to reception throughout the day impacts on the clerical's core duties. The school staff are busy and unfortunately do not have the spare time to devote to delivering forgotten items to classes and disturbing the lessons. There is a large container outside the school office. If your child has forgotten something they require for school, we would ask that you please label it and place it in the box; we will endeavour to pass the item to your child at some point during the day, however this cannot be guaranteed. Items are left at owner's risk, the school cannot be held responsible for any items which are lost from this box.

Entering the School

Anyone wishing to speak to their child's teacher must make an appointment via the school office. The teachers are extremely busy with pupils in the morning and the sooner the children are settled into class, the more time they have to learn. Please do not take up the teacher's time by trying to discuss your child at the class room door in the morning. **Absences should be reported to the school office. Do not attempt to follow your child into the building via the classroom door. For the safety of the children, visitors must be identified.**

If there have been any changes to your home or emergency contact details or to your child's medical needs then please contact the office.

Parent Council

The next Parent Council meeting will be held on Monday 29th October 2018 at 6.30pm at St. Bernadette's Primary. The Parent Council Office Bearers for this year are:

Chair: Mr Beer

Vice Chair: Mrs Gallagher

Secretary: Mrs O'Donnell

Treasurer: Mrs Sweeney

All parents/carers are welcome to attend meetings.

Contacting the school

A large volume of calls are received daily from parents, asking for messages to be passed to their child's class teacher or to the pupils themselves, particularly at 2.45pm. The office is extremely busy at the end of the day and if you call to advise your child that their transport arrangements have changed, your call may be missed! Please ensure that, where possible, your child knows how they will travel home. Letters regarding homework issues, medical appointments and holidays during the term should be sent to the class teacher.

Falkirk Herald

Our Primary 1 class will feature in the Falkirk Herald Souvenir issue on Thursday 4th October 2018.

Childhood Infectious diseases especially: Measles, Chicken Pox and Shingles

Please may we ask for your co-operation in this important matter. One of our pupils is receiving medical treatment for Lymphoma that puts them at risk from measles, chicken pox and shingles. If they come in to contact with anyone suffering from these conditions the pupil requires to be given some protection against them. Unfortunately this has to be given within 72 hours of the contact.

We would ask therefore that if your child develops measles, chicken pox or shingles that you inform us **immediately** so that appropriate action may be taken.

Your child is not at any risk from this situation, however, the health of our pupil does depend on your co-operation in this important matter.

Playground Equipment

Are you clearing out your garden shed? Do you have any playground equipment we could use? If you are looking to get rid of bikes, toys, natural play items, we would gratefully receive these! We would accept anything which is in reasonable condition.

Water Bottles

All our pupils are encouraged to drink water during the school day. Research has indicated that drinking plain water improves concentration and therefore leads to effective learning. It would be helpful if all our pupils have a labelled water bottle with them in school daily.



School Gates

Can we please strongly discourage parents/carers/ Grandparents/any other family members of friends from standing at the School Gates at morning interval and/or lunchtimes. The playground is supervised by Support Staff. This is in the interest of children's safety. Staff cannot always identify the adults observing at the school gates.

Headlice

We would encourage you to check your child at regular intervals to prevent the spread of headlice throughout the school. If your child becomes infected, we would appreciate it if you could inform us as soon as possible.

All information provided will be strictly confidential

Allergies

For the health and safety of all pupils please ensure that your child is not provided with nut products at school. Some children are bringing products such as Snickers, Lion Bars and Peanut Butter sandwiches to school.

We have pupils and staff who are severely allergic to peanuts. Peanuts do not have to be eaten by an allergic person to cause an allergic reaction; they can be ingested or contaminate tables, hands etc.

Any peanut products will be returned home in packed lunch boxes unopened.

Further information can be found at <http://www.anaphylaxis.org.uk/what-is-anaphylaxis/signs-and-symptoms>.

Many thanks for your cooperation in this matter.

Achievements

Eva (P5) performed with Voice Jam alongside The Singing Children of Africa at the Beancross hotel recently, Eva performed 2 songs to a packed venue. The night raised £3500 for the charity www.educatethekids.com
Well Done Eva!



Molly Rose (P6) won the NCH championship at the Scottish festival at under 10 level in August, then at the Feis in Milton Keynes she came 5th in the overseas championship. Her sister, Martha (P2) also got placed 1st, got two seconds and two thirds in her competition. Well done girls!



If you would like to share your child's achievements, please email the school and they shall be included in our next Newsletter.

What to do if you catch norovirus

Keep it to yourself.

Staying at home and keeping your hands clean can help avoid spreading norovirus to others. You can still be infectious up to 48 hours after your symptoms go, so it's best to avoid seeing other people during that time. It's especially important to avoid visiting anyone in a hospital or care home, as norovirus is more serious for people who are already ill.

Drink plenty of liquid.

Water is best. This will replace the water your body loses from vomiting and diarrhoea. Avoid alcohol.

Eat food that's easy to digest.

That means things like soup, rice, pasta and bread. Babies should continue with their normal feeds.

What is norovirus?

You've probably heard of the 'winter vomiting bug' – that's what people call norovirus, just because it's more common in winter. You can catch it at any time of year though. It spreads very easily, and it can affect anyone of any age, causing **vomiting and diarrhoea**.

Other symptoms include:

- mild fever
- headaches
- stomach cramps
- aching limbs.

Norovirus is unpleasant, but not usually dangerous. There's no cure for it – you just have to let it run its course and avoid contact with other people until you feel better. That usually takes just a few days.

Afterschool Clubs

The following clubs are running for the children:

| | | |
|-----------|---------------------|--------------|
| Monday | SFC Football (P4-7) | 3pm – 4pm |
| Monday | Digital Leaders | 3pm – 4pm |
| Wednesday | Gymnastics | 3.15pm – 4pm |
| Wednesday | Basketball | 3pm – 4pm |
| Thursday | SFC Football (P1-3) | 3pm – 4pm |

Volunteers

Do you have any talents you would like to share with the school? If so, please contact the school office.



Please remember that there is access to funding to help families with financial difficulties. Please contact Mrs Savage, in strictest confidence, for more information.

Stay Connected! Please follow us on Twitter @stbernadettesps

Check our website for details of school events and information: <http://stbernadettes.edusite.co.uk/>

Keep up-to-date with Parish News on: <http://www.stbernadette.rcstanded.org.uk/current>
and <https://www.facebook.com/stbernadettelarbert>

School Events Calendar 2018/19

| Month | Mo | Tu | We | Th | Fr | Sa | Su | Notes |
|-----------------|----|----|----|----|----|----|----|---|
| | 27 | 28 | 29 | 30 | 31 | 1 | 2 | September 20 th – 2.15pm P3 parent meeting re Reconciliation |
| Sep 2018 | 3 | 4 | 5 | 6 | 7 | 8 | 9 | 5 th - 6pm to 7pm 'Meet the Teacher' open event (5.30pm P1) |
| | 10 | 11 | 12 | 13 | 14 | 15 | 16 | 6 th – 1.30pm Mass (led by P7) 27 th – 1.30pm Pope Francis Faith Awards |
| | 17 | 18 | 19 | 20 | 21 | 22 | 23 | October 7 th – 10.30am Family Mass |
| | 24 | 25 | 26 | 27 | 28 | 29 | 30 | 11 th – 2pm P3 class assembly |
| Oct | 1 | 2 | 3 | 4 | 5 | 6 | 7 | November 4 th – 10.30am P4 Holy Communion Enrolment Mass |
| | 8 | 9 | 10 | 11 | 12 | 13 | 14 | 1 st – 1.30pm Mass (All Saints) (led by P6) |
| | 15 | 16 | 17 | 18 | 19 | 20 | 21 | 14 th / 15 th – 3.30pm to 6.30pm Parent Consultations |
| | 22 | 23 | 24 | 25 | 26 | 27 | 28 | 22 nd – 2pm P6 class assembly |
| | 29 | 30 | 31 | 1 | 2 | 3 | 4 | 23 rd – Snap Shot Jotters to come home, return Monday 26 th |
| Nov | 5 | 6 | 7 | 8 | 9 | 10 | 11 | 30 th - 1.30pm Mass (led by P5/6) (St. Andrew's Day) |
| | 12 | 13 | 14 | 15 | 16 | 17 | 18 | December |
| | 19 | 20 | 21 | 22 | 23 | 24 | 25 | 7 th – Nursery Nativity |
| | 26 | 27 | 28 | 29 | 30 | 1 | 2 | 11 th – 1.15pm / 13 th – 7pm P1-7 Christmas Performance |
| Dec | 3 | 4 | 5 | 6 | 7 | 8 | 9 | 12 th – Christmas Lunch |
| | 10 | 11 | 12 | 13 | 14 | 15 | 16 | 14 th – Nursery Party |
| | 17 | 18 | 19 | 20 | 21 | 22 | 23 | 18 th – AM P1 Party / PM P2 and P3 Party |
| | 24 | 25 | 26 | 27 | 28 | 29 | 30 | 19 th – AM P4 and P5 Party / PM all P6 and P7 Party |
| | 31 | 1 | 2 | 3 | 4 | 5 | 6 | 20 th - 1.30pm Mass (led by P5) |
| Jan 2019 | 7 | 8 | 9 | 10 | 11 | 12 | 13 | January |
| | 14 | 15 | 16 | 17 | 18 | 19 | 20 | 24 th – 2pm P5/6 class assembly |
| | 21 | 22 | 23 | 24 | 25 | 26 | 27 | 31 st – 1.30pm Mass (Led by P4) |
| | 28 | 29 | 30 | 31 | 1 | 2 | 3 | February |
| Feb | 4 | 5 | 6 | 7 | 8 | 9 | 10 | 14 th – 2pm P5 class assembly |
| | 11 | 12 | 13 | 14 | 15 | 16 | 17 | 28 th – 1.30pm Mass (led by P7) |
| | 18 | 19 | 20 | 21 | 22 | 23 | 24 | March |
| | 25 | 26 | 27 | 28 | 1 | 2 | 3 | 6 th – 1.30pm Ash Wednesday service (led by P6) |
| Mar | 4 | 5 | 6 | 7 | 8 | 9 | 10 | 8 th - Snap Shot Jotters to come home, return Monday 11 th |
| | 11 | 12 | 13 | 14 | 15 | 16 | 17 | 13 th – 27 th – P4 to P7 Sacrament of Reconciliation in Church |
| | 18 | 19 | 20 | 21 | 22 | 23 | 24 | 14 th – 2pm P7 class assembly |
| | 25 | 26 | 27 | 28 | 29 | 30 | 31 | 23 rd – 11am or 2pm P3 Sacrament of Reconciliation in Church |
| Apr | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 28 th – 1.30pm Mass (led by P5/6) |
| | 8 | 9 | 10 | 11 | 12 | 13 | 14 | 28 th – 3pm – 6pm Open Afternoon, led by pupils |
| | 15 | 16 | 17 | 18 | 19 | 20 | 21 | April |
| | 22 | 23 | 24 | 25 | 26 | 27 | 28 | 24 th / 25 th – 4.30pm to 6.30pm Parent Consultations |
| | 29 | 30 | 1 | 2 | 3 | 4 | 5 | 16 th – 1.30pm Mass (led by P5) |
| May | 6 | 7 | 8 | 9 | 10 | 11 | 12 | May |
| | 13 | 14 | 15 | 16 | 17 | 18 | 19 | 2 nd – 2pm P1 class assembly 23 rd – 2pm P4 class assembly |
| | 20 | 21 | 22 | 23 | 24 | 25 | 26 | 30 th – 1.30pm Mass (Feast of the Ascension) (led by P4) |
| | 27 | 28 | 29 | 30 | 31 | 1 | 2 | June |
| Jun | 3 | 4 | 5 | 6 | 7 | 8 | 9 | 4 th – Sports Day option 1 / 11 th – option 2 |
| | 10 | 11 | 12 | 13 | 14 | 15 | 16 | 7 th - Snap Shot Jotters to come home, return Monday 10 th |
| | 17 | 18 | 19 | 20 | 21 | 22 | 23 | 12 th – 1.15pm / 13 th – 7pm School Show P5 – P7 |
| | 24 | 25 | 26 | 27 | 28 | 29 | 30 | 13 th – 2pm P2 class assembly |
| Jul | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 14 th – Nursery Sports Day |
| | 8 | 9 | 10 | 11 | 12 | 13 | 14 | 21 st – Final written reports to be given home |
| | 15 | 16 | 17 | 18 | 19 | 20 | 21 | 21 st – Nursery Graduation |
| | 22 | 23 | 24 | 25 | 26 | 27 | 28 | 15 th / 22 nd – Sacrament of Holy Communion (P4) |
| | 29 | 30 | 31 | 1 | 2 | 3 | 4 | 27 th – 9.30am P7 Leaver's Assembly / 1.30pm Mass (led by P7) |
| Aug | 5 | 6 | 7 | 8 | 9 | 10 | 11 | Reporting to Parents event |
| | 12 | 13 | 14 | 15 | 16 | 17 | 18 | Class Led Assembly or School celebration/event |
| | 19 | 20 | 21 | 22 | 23 | 24 | 25 | Religious observance |
| | 26 | 27 | 28 | 29 | 30 | 31 | 1 | School closure due to holiday or staff development. |