



St Bernadette's Primary School

Newsletter

February 2020



Attendance Procedure in Falkirk Council

Please contact the school office on 503400 before 9.15am on the day of your child's absence. If you wish, you can leave a message on the school's answering machine. If your child is absent from school and no letter or telephone call has been received to explain their absence, you will receive a text requesting you contact the school.

This system gives you the added peace of mind of knowing that if you have not had a text then your child has arrived safely in school. As this is a centralised system a mobile phone number will display and the message will include the school name and contact number. **Please respond to this promptly.**

If there has been any changes to your home or emergency contact details or to your child's medical needs then please contact the office.

School Bus

Parents are responsible for the behaviour of their child at all times whilst travelling on the School Bus.



Parent Council

The next Parent Council meeting shall be held on Monday 9th March 2020 at 6.30pm in the school staff room. All welcome.



Car Parking

At St. Bernadette's we are very fortunate to have such a large car park. We repeatedly ask that parents/carers/families/friends of children that are being dropped off at school and nursery park responsibly. We still receive numerous complaints about inconsiderate parking. Please only use the disabled bays if you have a blue badge. Please **DO NOT** use the bus stop to park. We have witnessed parents parking on double yellow lines outwith the school car park.

The Staff car park is for staff, deliveries and dropping off or collecting at First4Kids or after school clubs, it **SHOULD NOT** be used to drop off children in the morning or to collect them at the end of the day. There was a road accident which took place outside St Bernadette's Primary where a pupil was struck by a vehicle. Police Scotland are looking to trace the driver of the vehicle to establish the full circumstances. If you have info please phone 101 quoting ref: PS-20200211-1467.

Rag Bag Collection

Thank you for all your Rag Bag donations. Our recent collection weighed 150kilos, raising £60 for school funds. All donations are most welcome, please place the bags directly into our Rag Bag bin (beside the cycle shed) or pass to your child to hand into the school. We Collect:

- All Clothing
- Paired Shoes (tied together)
- Handbags, bags, ties & belts
- Household linen & towels



P7 Swimming

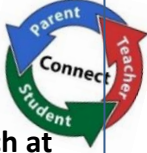
Please remember our P7 are going to swimming lessons on 25/2/2020, 3/3/2020. 10/3/2020 and 17/3/20. Please ensure your child has swimming costume, towel and £2 for the bus. Thank you.

Parent Consultation online booking

We shall be using the Parent's online booking system for our Parent Consultation evenings being held on **Wednesday 18th March 2020 between 4.30pm and 7pm and Wednesday 25th March 2020 between 3.30pm and 7pm.**

The system will be live from **4th March at 8am** and will be open to take your bookings until **23rd March at 3.30pm.**

Look out for a letter coming home with more details on how to book and Troubleshooting tips!



200 Club

The winner of the 200 Club draw for February are:

£100 - Mrs Sweeney

£50 - Mrs Savage

£50 - Mr Galbraith

£25 - Mrs McKee

£25 - Mrs Cully

Well done to our winners! If you are interested in joining the 200 Club forms are available at Reception.

Online Payments

Just a reminder that Falkirk Council introduced an online payment system in all schools. IpayImpact is a secure online payment system that allows you to pay for school-related items for your child(ren) online through your smartphone, tablet and computer, and will offer a host of features such as:

- Provide you with your own personal account to pay and track school related payments, including school meals, concerts and school trips.
- Pre-order meals for your child in advance, giving you full visibility and control over their lunch choices
- Manage costs for all your children, even if at different Falkirk schools, from the same account.
- Allow you to see, at any time, all payments and balance information.

We are encouraging you to register for an account to let you pay, manage and track all school payments. To use the iPayImpact school payment service you will need to register for a Mygovscot account and add a unique account reference for your child. If you require another copy of the letter with your child's unique account reference, please contact the school office. Please visit <https://my.falkirk.gov.uk/> and click on "Register for an account".

Family Bingo Fundraiser

The Parent Council are organising a Family Bingo on Sunday 15th March from 1pm- 3pm. More details to follow! They are looking for raffle prizes e.g. Vouchers, bottles, unwanted unopened gifts, please hand these into the school office if you wish to donate. Thank you!

Choir

Our school choir have been invited to participate in the Primary Schools Choir Concert at Larbert East Church on Wednesday 4th March at 7.00pm. This event has been organised by the LMCA (Larbert Men's Christian Association) and all the schools in Larbert and Stenhousemuir will perform.

Pupils should be transported directly to Larbert East Church for 6.30pm. Tickets are on sale at the cost of £4.00 each, children go free. Please contact the school office if you require tickets.

SCIAF Wee box appeal

During Lent we wish to help others who are less fortunate than ourselves. Pupils enrolled in the Pope Francis Faith Award have delivered SCIAF Wee Boxes to every class. Any donations you can spare would be gratefully received. As well as helping our global community, we wish to help our local community. Therefore, we will be collecting for our local Falkirk Foodbank as we want to make sure that no one in our local community has to go hungry. Foodbanks rely on your goodwill and support and your gift of food can make a real difference. The shopping list below shows the food items that are needed right now.

Urgently needed food items

- Tinned potatoes
- Biscuits
- Long life fruit juice
- UHT milk (1 litre)
- Breakfast Cereals

We will be collecting donations for the Foodbank until Friday 3rd April. Please donate generously. Thank you.

Celebrating Achievements

Has your child celebrated an achievement out of school, e.g. Dancing, Tae Kwon Do? We would love to hear so we can share the good news on our Newsletter. Please email the school stbernadettesprimaryschool@falkirk.gov.uk to let us know!

Outdoor Learning and Play

Our children shall regularly be outdoors learning and during interval and lunchtimes.



Can you please ensure your child has an appropriate jacket for our Scottish Weather!

Wellsfield Farm Park & Almond Valley Annual passes

Just a reminder that our Parent Council hold memberships for Wellsfield Farm Park & Almond Valley.

Should you be interested in this, please contact a member of the Parent Council.



School Uniform – New Item

There is a new St. Bernadette's Padded Jacket available to order. Prices are from £17.00 and available to order online at:

<https://www.border-embroideries.co.uk/>

The jacket description is:

Polyester padding and lining. Lightweight. Showerproof and windproof.

Integral hood. Hang tag. Full length zip. Soft bound cuffs and hem.

Two front zip pockets. Reflective hip detail. Contrast lining and trim.



What to do if you catch norovirus

Keep it to yourself.

Staying at home and keeping your hands clean can help avoid spreading norovirus to others. You can still be infectious up to 48 hours after your symptoms go, so it's best to avoid seeing other people during that time. It's especially important to avoid visiting anyone in a hospital or care home, as norovirus is more serious for people who are already ill.

Drink plenty of liquid.

Water is best. This will replace the water your body loses from vomiting and diarrhoea. Avoid alcohol.

Eat food that's easy to digest.

That means things like soup, rice, pasta and bread. Babies should continue with their normal feeds.

What is norovirus?

You've probably heard of the 'winter vomiting bug' – that's what people call norovirus, just because it's more common in winter. You can catch it at any time of year though. It spreads very easily, and it can affect anyone of any age, causing **vomiting and diarrhoea**.

Other symptoms include:

- mild fever
- headaches
- stomach cramps
- aching limbs.

Norovirus is unpleasant, but not usually dangerous. There's no cure for it – you just have to let it run its course and avoid contact with other people until you feel better. That usually takes just a few days.

Winter Health Information and Advice from NHS Forth Valley

The latest winter health information and advice is available at www.nhsforthvalley.com/winter. It includes details of local pharmacy opening times across Forth Valley over the festive period, information on the Minor Injuries Unit at Stirling Community Hospital and details of the ALFY advice line for older people. You can also find out more about the Pharmacy First scheme which provides free treatment for many common conditions without the need for a prescription (including urine infections, skin problems and conjunctivitis). You can follow them on Twitter @NHSForthValley or like them on Facebook www.facebook.com/nhsforthvalley to keep up-to-date with all the latest news from NHS Forth Valley.

Playground Equipment

Are you clearing out your garden shed? Do you have any playground equipment we could use? If you are looking to get rid of bikes, toys, natural play items, we would gratefully receive these! We would accept anything which is in reasonable condition.

Water Bottles

All our pupils are encouraged to drink water during the school day. Research has indicated that drinking plain water improves concentration and therefore leads to effective learning. It would be helpful if all our pupils have a labelled water bottle with them in school daily.



School Gates

Can we please strongly discourage parents/carers/Grandparents/any other family members of friends from standing at the School Gates at morning, interval and/or lunchtimes. The playground is supervised by Support Staff. This is in the interest of children's safety. Staff cannot always identify the adults observing at the school gates.

Allergies

For the health and safety of all pupils please ensure that your child is not provided with nut products or legumes (foods which are members of the pea family) at school. Some children are bringing products such as Snickers, Lion Bars and Peanut Butter sandwiches, sugar snap peas to school.

We have pupils and staff who are severely allergic to peanuts and legumes. Peanuts or legumes do not have to be eaten by an allergic person to cause an allergic reaction; they can be ingested or contaminate tables, hands etc. Any peanut or legumes products will be returned home in packed lunch boxes unopened.

All Falkirk Council school lunch menus do not have nut products as standard but our school menu will also be altered to remove peas. An alternative vegetable will be offered on these days.

Further information can be found at:

<http://www.anaphylaxis.org.uk/what-is-anaphylaxis/signs-and-symptoms>

Many thanks for your cooperation in this matter.



Thanks for remembering
this is a



Peanut/Nut
Free School



Class Twitter

Below is a link to each classes Twitter page. Please check for regular updates.

P1 <https://twitter.com/P1STBPS>

P2 <https://twitter.com/p2StBernadettes>

P3 <https://twitter.com/P3stbernadettes>

P4 <https://twitter.com/p4stbernadettes>

P5 <https://twitter.com/P5StBernadette1>

P6H <https://twitter.com/misshigneySTB6H>

P6D <https://twitter.com/P6DStBernadette>

P7 <https://twitter.com/MrsBlac77957778>

School Twitter <https://twitter.com/stbernadettesps>



Please remember that there is access to funding to help families with financial difficulties. Please contact Mrs Savage, in strictest confidence, for more information.

Stay Connected! Please follow us on Twitter @stbernadettesps

Check our website for details of school events and information: <http://stbernadettes.edusite.co.uk/>

Keep up-to-date with Parish News on: <http://www.stbernadette.rcstanded.org.uk/current>
and <https://www.facebook.com/stbernadettelarbert>

School Events Calendar 2019-20

Month	Su	Mo	Tu	We	Th	Fr	Sa	Notes
Jan 2020	5	6	7	8	9	10	11	January
	12	13	14	15	16	17	18	24th - 1.30pm P4 class assembly, followed by child-led learning (P4)
	19	20	21	22	23	24	25	28 th – Parent Council Meeting – 6.30pm. All welcome
	26	27	28	29	30	31	1	31st - 1.30pm Mass (led by P4)
Feb	2	3	4	5	6	7	8	February
	9	10	11	12	13	14	15	7th - 1.30pm P3 class assembly, followed by child-led learning (P3)
	16	17	18	19	20	21	22	21st - 1.30pm P7 class assembly, followed by child-led learning (P7)
	23	24	25	26	27	28	29	26th - Ash Wednesday Service (led by P6D)
Mar	1	2	3	4	5	6	7	28th - Mass (led by P7)
	8	9	10	11	12	13	14	March
	15	16	17	18	19	20	21	6th - Snap Shot jotters home, return Monday 9th
	22	23	24	25	26	27	28	18th - Parent Consultations 4.30pm - 7.00pm
Apr	29	30	31	1	2	3	4	20th - 1.30pm P5 class assembly, followed by child-led learning (P5)
	5	6	7	8	9	10	11	25th - Parent Consultations 3.30pm - 7.00pm
	12	13	14	15	16	17	18	28 th – 11am or 2pm P3 Sacrament of Reconciliation
	19	20	21	22	23	24	25	30 th – P7 Residential week
May	26	27	28	29	30	1	2	May
	3	4	5	6	7	8	9	21st - 1.30pm Mass (Feast of the Ascension) (led by P5)
	10	11	12	13	14	15	16	22nd - 1.30pm P2 class assembly, followed by child-led learning (P2)
	17	18	19	20	21	22	23	25th - 1.30pm - 2.30pm P1 Transition Parent Meeting
Jun	24	25	26	27	28	29	30	June
	31	1	2	3	4	5	6	2nd - Sports Day (option 1) or 16th (option 2)
	7	8	9	10	11	12	13	5th - 1.30pm P1 class assembly, followed by child-led learning (P1)
	14	15	16	17	18	19	20	6th or 13th - 10.30am P4 Sacrament of Holy Communion
Jul	21	22	23	24	25	26	27	9th - 11am - 12.30pm P1 Transition Parent Meeting 2
	28	29	30	1	2	3	4	12th - Nursery Sports Day
	5	6	7	8	9	10	11	19th - Final written reports to be given home
	12	13	14	15	16	17	18	19th - Nursery Graduation
Aug	19	20	21	22	23	24	25	24th - 9.30am P7 Leaver's Assembly / 1.30pm Mass (led by P7)
	26	27	28	29	30	31	1	25 th – Last day of term
	2	3	4	5	6	7	8	School closure due to holiday or staff development
	9	10	11	12	13	14	15	
Aug	16	17	18	19	20	21	22	
	23	24	25	26	27	28	29	
	30	31	1	2	3	4	5	