St. Bernadette's Nursery Class



Edward Avenue, Falkirk FK5 4XR 01324 503404

https://twitter.com/StBernNursery

September 2023

Nursery door

The door will open at 9.00am for drop off and then 2.45pm for collection. All children must be collected by 3.00pm.

Please remember to sign your child in and write who is collecting your child at the end of the day, along with what time they are getting collected at.

Family Photograph

Thank you to those of you who have sent in a family photograph, the children are enjoying showing these to their friends during lunch and snack times.

We would love for all of our children to have their family photograph up on our wall in the nursery so please e-mail a family photograph to

stbernadettesprimaryschool@falkirk.gov.uk so staff can put this on our wall.

Tesco Tokens!

This is the last week to support us in Tesco stores with the blue tokens!

If you are in Tesco please get as many blue tokens as you can and put them in our box to help support us to get more funding to further develop the garden!

Improving our environment...

Staff have recently done environment audits and are looking to further enhance areas in the nursery.

We are looking to see if anyone has any old jewellery they no longer use that they would donate for our nursery home corner, along with any empty perfume or aftershave bottles.

Wheelie Wednesday

Wheelie Wednesday is when the children bring their bikes or scooters (with their helmet) with them to nursery. We then go into the Big Garden during the session, where they have the freedom to explore the grounds on their bike or scooter!

This will be the last Wednesday of every month and we will review this again in the new Year.

Wednesday 25th October

Wednesday 29th November



Health Checks

Please remember it is <u>Falkirk Council Policy</u> that a child should not return to school or nursery until they are 48 hours clear of any sickness / diarrhoea illness.

Regular checks for Head Lice are always recommended.

If your child is unwell the best place for them is at home. We cannot ensure children stay inside when recovering from illness as we are an outdoor nursery and children spend a large part of their day outdoors.

If your child is not well enough to go outdoors, then they should not be in nursery.

Appropriate Clothing

Please ensure that your child has appropriate clothing for nursery. As the weather is getting colder over the next couple of months, we ask



that you provide your child with a hat and gloves which can be kept at nursery.

We also ask that your child has their own pair of wellie boots and waterproofs which can be kept at nursery.

We understand that the cost of living is increasing at the moment so if you are unable to provide these items to be kept in nursery, please speak to Cat.

Please make sure your child's name is on these items. It would also be helpful if you could make sure there is at least one change of clothes in your child's nursery bag.

If your child borrows nursery clothes, could these please be returned once your child has finished with them.

Students

Due to the nature of the nursery and our job role we continentally have students in for block placements which can be anything from days to months.

All children are introduced to the students and we appreciate that there may be faces who you are not familiar with, but please be confident that any student in the nursery is always under full supervision of the staff.

Our students for the year are as follows;

Erin — Monday and Tuesday

Ayesha—Tuesday and Wednesday

Busy Things

We have renewed our account with Busy Things.

This is a website that we use on a daily basis in the nursery with a variety of educational games.

www.busythings.co.uk

Username: home4938 Password: sweets0943



Staff Training

The SEYO and EYO's met with Elaine Haughton this week to discuss 'what matters to me' and how we implement this in the nursery . Sandy is taking this forward as part of her leadership role so if you wish to know anymore about this please speak to Sandy.

Important dates



Monday 9th October—Nursery closes for 2 weeks for holiday

Thursday 16th November—Christmas Photographs

Friday 24th November—Nursery closed for in-service day

Friday 22nd December—Nursery closes for Christmas holidays

Monday 8th January—Nursery reopens

Friday 9th February—Nursery closed for holiday

Monday 12th February—Nursery closed for holiday

Tuesday 13th February—Nursery closed for in-service day

Leadership Roles

Each member of staff has a leadership role that they are responsible for in the ELC which links to our improvement plan. Our improvement plan is displayed on the window at the door when you come thorough the door in the ELC if you ever want to read this. Staff will update the window on a termly basis with the progress they have made so far.

Cat – Planning for a child centred pedagogy and pace of the day

Sarah and Lisa – Bookbug and lending library

Fiona and Sharyn – Outdoor environment

Rachel and Pam – Marvellous Mealtimes and baking experiences

Sandy – What Matters to Me & SHANARRI

Susan – Communication friendly environment and UNCRC

Cold and flu

It is coming into that time of year when children and adults can catch the flu.

All children should be offered their Flu Spray by the NHS. If you have not received your letter you can contact NHS Scotland via their online portal to arrange your child's flu spray.

All children are encouraged to cough or sneeze into their arm rather than their hands as another way of preventing the spread of infection.

Staff are vigilant in the ELC and encourage all children to use the hand washing technique (seen on the right) which is displayed at all sinks. Staff also model this while singing the 'wash your hands song'.

na technique

Hand-washing technique with soap and water



Wet hands with water



Apply enough soap to cover all hand surfaces



Rub hands palm to palm



Rub back of each hand with palm of other hand with fingers interlaced



Rub palm to palm with fingers interlaced



Rub with back of fingers to opposing palms with fingers interlocked



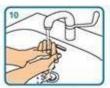
Rub each thumb clasped in opposite hand using a rotational movement



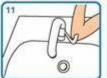
Rub tips of fingers in opposite palm in a circular motion



Rub each wrist with opposite hand



Rinse hands



Use elbow to turn off tap



Dry thoroughly with a single-use towel





15–30 seconds

National Patient Safety Agency

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Adapted from World Health Organization Guidelines on Hand Hygiene in Health Care

Meet our team...



Cat—Senior Early Years
Officer



Fiona—Early Years Officer



Sandy— Early Years
Officer



Sarah—Early Years Officer



Susan—Early Years Officer



Rachel—Early Years Officer



Lisa —Support for Learning Assistant



Sharyn —Childcare Assistant



Pam —Childcare Assistant